



# Pilot Teacher PD Program Launch 2025-2026

We are excited to launch our Pilot Teacher Professional Development (PD) Program this year. The program will offer in-depth training on the integration of Team Peace practices into everyday teaching. Teachers will learn about the neuroscience of learning and behavior, how to implement trauma-informed strategies, and how to co-regulate with their students to create a supportive classroom environment.



## Pilot Program Highlights:

- **Hands-On Training:** Teachers will receive practical tools for incorporating emotional regulation and brain-aligned practice & procedures into their classrooms, including movement activities, breathing exercises, and co-regulation techniques.
- **Increased Teacher Confidence:** Teachers will leave with the skills and confidence to lead their students through emotional challenges and foster a more peaceful, collaborative classroom.
- **Continuous Support:** Throughout the year, participating teachers will have access to ongoing support from the Team Peace team, including group coaching sessions, lesson plans, and troubleshooting resources.
- **Expected Outcomes:** By the end of the pilot program, teachers will feel empowered to foster emotional intelligence, resilience, and connection in their classrooms, leading to a more positive, engaging, and effective learning environment for all students. (And greater well-being for the teachers!)

We are launching our Teacher Professional Development program in all three Crawford Elementary schools this year. If you're interested in being added to our list for the 2026-2027 school year or would like to be notified about any additional PD opportunities for educators or parents, please contact Kara at [beteampeace@gmail.com](mailto:beteampeace@gmail.com).

