



TEAM PEACE: A Comprehensive SEL Program for Teachers & Students

Team Peace is a trauma-informed program designed to integrate Applied Educational Neuroscience (AEN) into everyday classroom practice, enhancing self-regulation, resilience, and emotional intelligence in students. By combining the latest neuroscience research with social-emotional learning (SEL) strategies, we create an environment where both students and teachers thrive..



Our approach focuses on:

- **Self-Regulation Tools:** Students learn to recognize and manage their emotional responses, leading to better classroom behavior and focus.
- **Resilience-Building Practices:** Students develop the skills to cope with stress, leading to improved problem-solving, perseverance, and academic performance.
- **Trauma-Informed Approaches:** Acknowledge the impact of trauma on learning and behavior, creating a safe, supportive space for all students to grow.
- **Classroom Co-Regulation:** Teachers and students learn to work together to create emotional balance in the classroom, reducing disruptions and fostering a positive learning environment.

A Few of Our Program Objectives:

- Equip students with the knowledge and tools to recognize & manage their emotions, enhancing their focus & academic performance.
- Foster a culture of peace, respect, and empathy in the school, creating an environment conducive to learning & academic success.
- Develop student and teacher leadership in emotional regulation, conflict resolution, and self-care practices, promoting better classroom behavior.



For more information about Team Peace, please visit our website:
www.beteampeace.org. Contact Kara at beteampeace@gmail.com.